

Valley Wildcats Major Midget Training Camp

Phase 1

August 16 @ Acadia
Registration 6:00pm-6:30pm
On Ice 7:00pm-8:30pm

August 17 @ Civic Arena
Valley vs. Halifax 12:00pm-2:00pm

August 18 @ Acadia
Off Ice Fitness Testing 12:00pm-2:00pm
On Ice Fitness Testing 3:00pm-4:30pm

August 20 @ Acadia
Dryland 6:00pm-7:00pm
On Ice 7:30pm-9:00pm

August 21 @ Acadia
Player Dryland Training 7:00pm-8:30pm
On Ice Goalie Session 8:00pm-9:00pm

August 22 @ Acadia
On Ice 8:00pm-9:30pm

August 23 @ Lunenburg County Lifestyle Centre
Valley vs South Shore 7:00pm-9:00pm

August 25 @ Acadia
On Ice 1:00pm-3:00pm

Phase 2

August 26 @ Berwick
Valley vs Dartmouth 7:00pm-9:00pm

August 27 @ Acadia
On Ice 7:30pm-9:00pm

August 28 @ Acadia
On Ice 8:00pm-9:30pm

August 31 @ Berwick
Valley vs South Shore 2:00pm-4:00pm

September 1 @ Rath Eastlink Community Centre
Valley vs Pictou 12:00pm-2:00pm

Phase 3

September 3 @ Berwick-
On Ice 8:00pm-9:00pm

September 4 @ Berwick
Goalies On Ice 7:30pm-8:30pm
Player Dryland 7:30pm-8:00pm

September 5-8 @ Berwick
Early Bird Tournament